

# CAMHS Bulletin August/September 2007

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## News

### **CAMHS Dataset Consultation**

The Department of Health has commissioned the National Datasets Service of The Information Centre to develop a CAMHS dataset for use in England to support the implementation for the National Service Framework for Children, Young People and Maternity Services.

You are invited to comment on the draft dataset, which, when implemented, will provide monitoring and other secondary uses information.

The consultation closes on 12th October 2007.

<http://www.ic.nhs.uk/our-services/standards-and-classifications/datasets/current-consultations/camhs>

### **Involvement and Participation within CSIP**

Over the last six months CSIP Eastern has developed the plans for the children, young people and families programme for developing a regional children and young people's involvement and participation resource library and database. Participation project worker Vicki Surzyn has collated details of all local and regional groups which involve children and young people. The library and database is to be placed on the CSIP and CAMHS websites.

The database details the key organisations and individuals working in user involvement and participation around the Eastern region, and is inclusive of all groups including: disability, mental health, children in care etc.

The web based resource library, or compendium, will contain national and regional tools and good practice examples of involvement work with children and young people.

It is currently divided by county, age and client group. The web based resource is set up so that anyone will be able to add a resource or tool to the page.

Follow this link <http://www.cypf.csip.org.uk/cross-cutting-work/cross-cutting-work/involvement-and-participation.html> to view the site or add a resource of your own. For any information on this project please contact CAMHS RDW Roz Rospopa [roz.rosropa@csip.org.uk](mailto:roz.rosropa@csip.org.uk) or Regional Change Agent Tracey Cogan [tracey.cogan@csip.org.uk](mailto:tracey.cogan@csip.org.uk)

### **Children's Health and Maternity Services E-Bulletin, September 2007.**

[http://www.dh.gov.uk/prod\\_consum\\_dh/idcplg?IdcService=GET\\_FILE&dID=148197&Rendition=Web](http://www.dh.gov.uk/prod_consum_dh/idcplg?IdcService=GET_FILE&dID=148197&Rendition=Web)

### **Children's Health and Maternity Services E-Bulletin, August 2007.**

This e-bulletin from the Department of Health, can be downloaded from:

[http://www.dh.gov.uk/prod\\_consum\\_dh/idcplg?IdcService=GET\\_FILE&dID=145694&Rendition=Web](http://www.dh.gov.uk/prod_consum_dh/idcplg?IdcService=GET_FILE&dID=145694&Rendition=Web)

## **Courses & Training**

### **Training for Developing Participation**

YoungMinds, in association with Luna Training are offering a new range of training days addressing participation of children and young people in decision making.

Go to the YoungMinds website for further information:

<http://www.youngminds.org.uk/participationtraining/>

### **(Proposed) Post Graduate Certificate/Diploma/MSc Outcomes-Based Cognitive Behavioural Therapy with Children and Young People**

This course is aimed at all professionals working within children's services.

<http://www.camhs.org.uk/documentdownload.aspx?doc=PGCourseCBTFlyer.pdf>

### **Outcomes-Based Leadership in Child and Adolescent Mental Health Services (CAMHS)**

This training course is for senior clinicians and managers of CAMH services.

<http://www.camhs.org.uk/documentdownload.aspx?doc=OBL%20Flyer2007.pdf>

### **Watch, Wait and Wonder Advanced Workshop**

11-12<sup>th</sup> October 2007.

This is a two-day advanced workshop aimed at who have taken the introductory workshop and who have used Watch, Wait and Wonder with at least one parent-child dyad.

<http://kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99930&grp=1>

## **Events**

### **Promoting Mental Health for Children in Secure Settings: Option and Opportunities in Yorkshire and Humber SHA**

13<sup>th</sup> September 2007

Sheffield Forensic CAMHS are holding half-day conference, which will focus on exploring how we can enhance the mental health input for young people in secure settings within the Yorkshire and Humber Strategic Health Authority.

<http://www.sheffieldchildrens.nhs.uk/services/resources/conference130907.pdf>

### **Everybody's Business: Training Tier One in Children's, Young People's Mental Health**

September 20, 2007, Walker's Stadium, Leicester.

For further information contact [info@key-note.co.uk](mailto:info@key-note.co.uk)

## **National Conference and AGM of the Association of Child and Adolescent Primary Mental Health Workers**

27 September 2007 - 28 September 2007, Holiday Inn, Doncaster

The theme of this year's Association for Child & Adolescent PMHWs is Prevention and Promotion. The conference dinner is on the 27th September. Follow link below for further information.

<http://www.camhs.org.uk/documentdownload.aspx?doc=PMHW%20AssocFlyer%202007.doc>

## **Sexual Offending and Aggression within an Adolescent Forensic Population**

This is the Association for Professionals in Services for Adolescents (APSA) Annual Conference.

10 October 2007 - 11 October 2007, Royal College of Physicians, Regent's Park, London, UK

Go the APSA website for more information: <http://www.apsa-web.info/>

## **No Bullsh\*t: what matters to every child**

10<sup>th</sup> October 2007, London

One-day conference which looks at fresh approaches to working with vulnerable young people.

<http://kc.csip.org.uk/viewresource.php?action=viewdocument&doc=100312&grp=1>

## **Too much too young: Alcohol and young people**

7<sup>th</sup> November 2007.

This is Alcohol Concern's Annual Conference.

<http://kc.csip.org.uk/viewresource.php?action=viewdocument&doc=100411&grp=1>

## **QINMAC Annual Forum**

8<sup>th</sup> November 2007, King's Fund, London.

This one day forum is a key information-sharing event for existing and potential QINMAC members, other CAMH professionals and commissioners.

It is free to QINMAC members, and £95 for non-members.

Flyer:

<http://www.rcpsych.ac.uk/pdf/QINMAC%20forum%20flyer.pdf>

Booking form:

<http://www.rcpsych.ac.uk/docs/QINMAC%20forum%20-%20booking%20form.doc>

## **Working together - Adolescent Eating Disorder: The Sixth National Conference**

7<sup>th</sup> December 2007, London

This national one-day conference is focused on sharing learning and good practice, latest research developments and improving services. It brings together professionals, young people, families and carers to promote collaborative working in the care and support of young people affected by eating disorders, uniquely drawing upon the perceptions of young people themselves and their parents.

<http://kc.csip.org.uk/viewresource.php?action=viewdocument&doc=99920&grp=1>

## **National Service Framework CAMHS Innovations Projects: learning and outcomes**

January 23, 2008, Walker's Stadium, Leicester.

For further information contact [info@key-note.co.uk](mailto:info@key-note.co.uk)

The Children's Health and Maternity Services E-Bulletin, Sept 2007, includes a brief summary of the 19 projects.

[http://www.dh.gov.uk/prod\\_consum\\_dh/idcplg?IdcService=GET\\_FILE&dID=148197&Rendition=Web](http://www.dh.gov.uk/prod_consum_dh/idcplg?IdcService=GET_FILE&dID=148197&Rendition=Web)

## **Policy and Resources**

### **Time to Talk**

The DCSF have just launched a national debate about how children's services could be improved during the next ten years. The views and experiences of people feeding into the debate will help shape the Government's 'Children's Plan' - which will set out how, over the next decade, the Government, parents, the voluntary sector and schools can work together better to ensure that every child gets the best start in life, and the support they need to fulfil their potential, be happy, healthy and safe.

The consultation is open until the 19th October 2007.

<http://www.dfes.gov.uk/consultations/conDetails.cfm?consultationId=1505>

### **Real stories, real lives: LGBT people and the NHS**

This resource has been produced as part of the DH Sexual Orientation and Gender Identity Equality Strategy. It includes five modules: the stories included in each of module show the real life experiences of LGBT service users and staff, in the health and social care system.

This resource includes 5 modules that can be downloaded as a podcast (note that the files can be quite large) and a transcript is also available. Module 2 looks at the work of GALYIC, who work with gay and lesbian, bisexual and transgender young people in the Calderdale area.

Podcast

[http://www.dh.gov.uk/en/Policyandguidance/Equalityandhumanrights/Sexualorientationandgenderidentity/DH\\_065333](http://www.dh.gov.uk/en/Policyandguidance/Equalityandhumanrights/Sexualorientationandgenderidentity/DH_065333)

More information about GALYIC

<http://www.galyic.org.uk/>

## **Commissioning counselling services for young people a guide for commissioners**

This document was written by Cathy Street, and published by Youth Access, 2007.

This guide for commissioners will be of use to those who may wish to commission either new counselling provision or existing services for young people. It illustrates how such services not only fit well

<http://www.youthaccess.org.uk/news/upload/YA%20guide.pdf>

## **Commissioning young people's counselling services in YIACS: A toolkit for managers and fundraisers of YIACS (Youth Information, Advice, Counselling and Support Services).**

This document was written by Catherine Wilson, and published by Youth Access, 2007. It aims to help YIACS managers and fundraisers present and demonstrate how youth counselling in YIACS have a positive impact on young people's emotional and mental health.

<http://www.youthaccess.org.uk/news/upload/YA%20toolkit.pdf>

## **Access to Counselling: Key Finding**

This briefing is from Youth Access. It aims to provide an overview of an evaluation examining the relationship between Youth Information, Advice, Counselling and Support Services (YIACS) CAMHS.

<http://kc.csip.org.uk/viewresource.php?action=viewdocument&doc=99839&grp=1>

## **The YOT Health Practitioner: Identifying and sharing good mental health practice**

This good practice guide was published by NACRO, 2007. It is aimed at health practitioners based within youth offending teams (YOTs) and working with mental health issues.

This is a handy A5 sized booklet, and contains useful information on the role of the health practitioner's role within YOTs. Each section contains information about relevant policy and other useful information as well as recommendations for good practice.

<http://www.nacro.org.uk/data/resources/nacro-2007073100.pdf>

For more information about Nacro's Mental Health Policy Unit see:

<http://www.nacromentalhealth.org.uk/mhu/>

## **Promoting mental health for children across children's services**

This is the 9th in a series of research briefings for councillors. It is written by Mary Ryan, and published by Research in Practice, 2007.

This briefing focuses on messages from research and policy relevant to universal and targeted services working with children and families, rather than on specialist mental health services.

<http://www.rip.org.uk/publications/champions.asp>

## **Capabilities for inclusive practice**

This guidance is by DH, CSIP and NSIP, and was published, August 2007.

This socially inclusive good practice guidance is aimed at the specialist mental health worker and others working with the mental health user population.

The guidance describes a framework for mental health service communities to work towards adopting. It is aimed at all professional and non-aligned staff working across the full age range – children, adults and older people, and so reinforces the principle that the capabilities are for the whole of the mental health workforce.

[http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_078095](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_078095)

## **Listen Up: Person-centred approaches to help young people experiencing mental health and emotional problems**

This report is by Ines Garcia and colleagues, and published by the Mental Health Foundation, September 2007.

It is based on their research projects: Youth Crisis, and Listen Up.

The report is aimed at those who commission and fund services for children and young people, as well as those working within the voluntary and community sectors and statutory sector who are setting up or developing services for young people with mental health and emotional problems.

<http://www.mhf.org.uk/EasysiteWeb/getresource.axd?AssetID=49331&type=Full&servicetype=Attachment>

## **CAMHS Poster**

This poster was commissioned by the NCSS. It aims to inform young people about how to access their local CAMHS. The poster contains this information in various different languages.

It can be printed and displayed in children's centres, GP surgeries, school counselling offices, colleges and so on. There is space at the bottom of the poster for Local CAMHS to tailor it by adding their details at the bottom.

<http://www.camhs.org.uk/documentdownload.aspx?doc=CAMHS%20Poster.pdf>

## **Implementing the Amended Mental Health Act**

This is the new microsite for CSIP/NIMHE's implementation programme for the forthcoming changes to the Mental Health Act 1983 in England.

<http://www.mhact.csip.org.uk/>

## **Care Matters: Time for Change**

This website provides links to the Care Matters White paper and related work.

<http://www.dfes.gov.uk/publications/timeforchange/>