

CAMHS Bulletin – March-April 2007

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News & Events

Online Version of the Self-Assessment Matrix

<http://www.childhealthmapping.org.uk/self.assessment/guidance.php>

The CAMHS Self Assessment Matrix was developed for NCSS by HASCAS. It is used by most CAMHS Partnerships to help review and plan their priorities, investment and services. This matrix is now available as a web based tool. See link above for further information.

CAMHS Needs Assessment Tool (NAT)

<http://www.childhealthmapping.org.uk/needs.assessment/>

The tool has been designed to enable CAMHS Partnerships, PCTs and Local Authorities to prepare a needs assessment

Association of child and adolescent primary mental health workers conference - Call for papers

<http://kc.csip.org.uk/viewevent.php?action=viewevent&eid=482&grp=1>

This is a call for papers for this year's Association of Child and Adolescent PMHW conference. The theme this year is Prevention and Promotion.

The conference will be held at Doncaster at the Holiday Inn on 27-28th September, with AGM and dinner on 27th.

Children, Families and Maternity E-Bulletin from the DH

<http://kc.csip.org.uk/viewresource.php?action=viewdocument&doc=98003&grp=1>

This newsletter gives a regular update of activities that are supporting the delivery of the NSF

What Do Patients Mean by 'Quality of Life'?

HSCNews International and the QALYity Project are each currently conducting a survey on patients' quality of life (closing date end-May 2007). The QALYity Project's survey is aimed at people living in England and Wales.

<http://www.patient-view.com/qalyity.htm>

Events

A Consultation for Pre-Qualified Psychologists on the New Roles and Training Models

<http://kc.csip.org.uk/viewevent.php?action=viewevent&eid=504&grp=1>

The Division of Clinical Psychology Pre-Qualification Group are holding a free consultation event for pre-qualified psychologists on the new roles and training model.

Event will be held at University College London, 1st May, 1-4.30

Motherhood and Mental Health Meeting

<http://kc.csip.org.uk/viewdocument.php?action=viewdox&pid=0&doc=33970&grp=1>

This event will be held on the *1st May 2007 9.30am –4.20pm, at the Learning Centre, St. Georges Hospital, Stafford.*

Emotional intelligence, mental health and juvenile delinquency

<http://kc.csip.org.uk/viewevent.php?action=viewevent&eid=502&grp=1>

The Special Residential Services Board, The Irish Youth Justice Service and The School Of Psychology, U.C.D. present this international conference.

It will be held in Dublin on the 18th May 2007. See flyer for further information.

The National CAMHS Support Service: Learning Perspectives from the National Child and Adolescent Mental Health Service Improvement Programme: September 2003 – December 2006

<http://kc.csip.org.uk/viewresource.php?action=viewdocument&doc=98938&grp=1>

This report is by Dawn Rees, the National CAMHS Implementation Lead, and was published by the Department of Health in March 2007. This report provides a summation of the breadth of learning acquired through the National CAMHS Support Service (NCSS) and an impressive inventory of the targeted support, change and improvement developments offered, as well as the toolkits which are now available within the regions. The lessons in this report have the potential to help sustain a cycle of continuous improvement of emotional health and psychological wellbeing services to children, young people and their families within changing regional structures.

Please email Sarah.Poole@eastmidlands.nhs.uk if you would like a hard copy of the report; a pdf version is available on www.csip.org.uk and www.camhs.org.uk.

Promoting mental health for children held in secure settings: A framework for commissioning services

http://www.dh.gov.uk/prod_consum_dh/idcplg?IdcService=GET_FILE&dID=136985&Rendition=Web

This report was issued by the Department of Health on the 26th March 2007. It is intended to help commissioners and their commissioning partners ensure that children held in custodial and other secure settings have fair access to a comprehensive CAMHS.

Commissioning framework for health and well-being

Consultation document

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_072604

This document was published for consultation by the Department of Health on 6th March 2007. It isn't specific to CAMHS, but builds on the White Paper Our Health, Our Care, Our Say. It sets out a vision, a framework and practical proposals for the commissioning of health, care and well-being from 2008/09. There are consultation questions throughout the document and these are summarised in Annex E.

Meeting the target: providing on-call and 24-hour specialist cover in Child and Adolescent Mental Health Services

<http://kc.csip.org.uk/viewresource.php?action=viewdocument&doc=99100&grp=1>

This report is by Pamela Storey and June Statham, from the Thomas Coram Research Unit, Institute of Education, and was published in March 2007.

This report presents the findings from a two-stage study undertaken between April and December 2006. It examines the issues raised for providers and commissioners of child and adolescent mental health services (CAMHS) by the national target to provide on-call and 24-hour specialist cover by December 2006. The report includes the results of an electronic survey of CAMHS providers in late autumn 2006, which investigated the quality and configuration of on-call services in place by the target date.

Improving the quality and outcomes for services to children and young people through effective commissioning: A self-assessment tool for commissioners

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_073897

This self-assessment tool is designed to assist PCTs and their partners in assessing their knowledge and capability to commission children's and young people's services.

Aiming High for Children: Supporting Families

http://www.hm-treasury.gov.uk/media/9D2/78/cyp_supportingfamilies290307.pdf

This report was published by HM Treasury, and the DfES, March 2007.

This document sets out the outcomes of the Policy Review of Children and Young People, and the actions which the Government will now take to support parents and communities with improving children and young people's outcomes further.

It includes a recommendation (pp. 44-45) that Government should provide funding to develop capacity at tier 2.

Antenatal and Postnatal Mental Health: Clinical Management and Service Guidance

<http://www.nice.org.uk/guidance/CG45>

This National Institute for Health and Clinical Excellence (NICE) clinical guideline was published in February 2007.

Positive Steps: Supporting Race Equality in Mental Healthcare

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_066059

This guide offers advice and support to help mental health care staff respond to the needs of Black and minority ethnic (BME) patients. The guide – which highlights good practice that already exists in the mental healthcare system - is part of the Government's five-year action plan (Delivering Race Equality in Mental Health Care) to further improve services for these patients. The guide also incorporates key mental health issues and religious and cultural needs for different ethnic groups, using needs for South Asian, African and Caribbean groups as examples.

Getting it Right First Time

<http://kc.csip.org.uk/viewresource.php?action=viewdocument&doc=98934&grp=1>

Report from Lesley Hewson and Shahid Islam from Bradford on their visit to the Orygen Youth Mental Health Service in Melbourne, Australia, in April 2006.

New Ways of Working (NWW) CAMHS Early Implementer Site Projects update

<http://kc.csip.org.uk/viewresource.php?action=viewdocument&doc=98902&grp=1>

This newsletter gives an update on the CAMHS Early Implementer Site Projects. It lists the 10 selected sites, what their aims are, and their contact details.

A Better Start: Children and Families with Special Needs and Disabilities in Sure Start Local Programmes: National Evaluation Report

<http://www.dfes.gov.uk/research/data/uploadfiles/NESS2007FR019.pdf>

This report is one of a series of snap-shot studies, which look at how Sure Start Local Programmes developed key aspects of their services and to learn lessons from their practices.

Children's Trust Pathfinders: Innovative Partnerships for Improving the Well-being of Children and Young People

<http://www.dfes.gov.uk/research/data/uploadfiles/RR839.pdf>

This report is by the University of East Anglia in association with the National Children's Bureau, and was published by the DfES, March 2007. This is the final report of the National Evaluation of Children's Trust Pathfinders

Developing Comprehensive CAMHS

The Executive Summary can be downloaded from

<http://www.youngminds.org.uk/training/CC-summary.pdf>

This report was written by Zarrina Kurtz et al., and was published by YoungMinds in 2006. This guide is an excellent resource for those planners, commissioners, managers and practitioners charged with achieving local service improvements in

CAMHS. It clearly spells out the challenges that they may face and the underlying issues that must be recognised in achieving change and helps to guide the reader through the process. This document isn't freely available online, but can be purchased via the YoungMinds Order Line 0870 870 1721, and will cost £25.

The Mental Health of Children and Adolescents with Learning Disabilities in Britain

http://www.fpld.org.uk/html/content/mentalhealth_children.pdf

This report is by Eric Emerson & Chris Hatton, from the Institute of Health Research, Lancaster University, was published in January 2007. The project was funded by the Foundation for People with Learning Disabilities. They found that children with learning disabilities are six times more likely to have a diagnosable psychiatric disorder than other children in Britain. The report claims the increased risk of mental illness is more likely to be caused by greater exposure to poverty and social exclusion than the learning disability.

Catching Them Early: How are primary schools supporting children with emotional and behavioural needs?

http://www.kingsfund.org.uk/news/articles/catching_them.html

This article is by Simon Lawton-Smith, from the King's Fund. It was originally published in Mental Health Today, February 2007. The article is based on a selective review of projects in London supporting the emotional well-being of children of primary school age (5–11). The review looked at the key factors that made the best projects successful to draw out lessons that could be disseminated more widely.

Count Me In: Results of the 2006 national census of inpatients in mental health and learning disability services in England and Wales

<http://www.healthcarecommission.org.uk/nationalfindings/nationalthemedreports/mentalhealth/countmein/2006.cfm>

The Count Me In Census 2006 was a joint initiative by the Healthcare Commission, the Mental Health Act Commission and the National Institute for Mental Health in England. The census aimed to provide accurate figures on the numbers of inpatients in mental health and learning disability services in England and Wales on one day and to encourage service providers to collect and monitor data on the ethnic groups of patients.

This census mainly covers adult, but it does include some children and young people.

What is CAMHS: Leaflet for Young People

This leaflet was commissioned by the NCSS. It is aimed at young people and gives some basic information about what CAMHS is.

It is available in either black and white, or colour formats, and can be downloaded in a range of different languages. There is space at the bottom of the leaflet to add local information about CAMHS.

Follow the link below to see a list of available leaflets (note: some of these are quite large files)

<http://kc.csip.org.uk/viewresource.php?action=viewdocument&doc=99026&grp=1>

Looking After the Mental Health of Looked After Children: Sharing Emerging Practice

This document was jointly sponsored by the National CAMHS Support Service and Young Minds, written by Mary Bunting, and published by YoungMinds, 2007.

It illustrates some of the many examples of how CAMHS, working in partnership with children and their carers and other professionals can improve outcomes for children in care.

(Be warned that this is a large file (3.9 mb) This is a free publication, so if you want a hard copy, phone the YoungMinds Orderline 0870 870 1721.

http://www.youngminds.org.uk/consultancyandtraining/LAC_exemplar.pdf

Parenting Support Services

<http://kc.csip.org.uk/viewresource.php?action=viewdocument&doc=98998&grp=1>

This document from the DfES, provides an up-date of developments in parenting support - Feb 2007.